20 THINGS WE'LL TRY IN EYFS...

1. I HAVE EXPLORED EPPING FOREST AS PART OF MUDDY MONDAYS, LEARNING ABOUT HOW TO CARE FOR THE FOREST AREA (COMMUNITY ME)	
2. I HAVE BEEN ON MY FIRST SCHOOL TRIP (ADVENTUROUS ME)	
3. I HAVE MET 'PEOPLE WHO HELP US' FROM THE LOCAL COMMUNITY (COMMUNITY ME)	
4. I HAVE VISITED EPPING CHURCH AND CAN SAY WHY IT'S A SPECIAL PLACE (COMMUNITY ME)	
5. I HAVE EXPLORED THE LOCAL EPPING COMMUNITY AND WALKED UP TO THE HIGH STREET (COMMUNITY ME)	
6. I KNOW HOW TO KEEP MY CLASSROOM TIDY AND HOW WE CAN LOOK AFTER THE PLANET (COMMUNITY ME)	
7. I HAVE PRACTISED USING STRETCHING AND POSES (YOGA) AS RELAXATION TO HELP ME FEEL CALM (CARING ME)	
8. I HAVE PRACTISED MINDFULNESS AND I KNOW SOME WAYS TO MANAGE MY FEELINGS (CARING ME)	
9. I HAVE LEARNED AND PRACTISED HOW TO CROSS THE ROAD SAFELY (CARING ME)	
10. I HAVE TAKEN PART IN A CLASS TALENT SHOW AND SHARED WHAT IS SPECIAL ABOUT MYSELF AND MY FAMILY (KNOWING ME)	

11. I HAVE CREATED MY OWN STORY AND SHARED IT WITH THE CLASS THROUGH HELICOPTER STORIES (THINKING ME)	
12. I HAVE TAKEN PART IN MY FIRST CLASS ASSEMBLY OR PERFORMANCE, SPEAKING CONFIDENTLY (THINKING ME)	
13. I HAVE LEARNED HOW TO RIDE A BIKE WITHOUT STABILISERS (ADVENTUROUS ME)	
14. I HAVE LEARNED ABOUT THE LIFE-CYCLES OF ANIMALS, INCLUDING DUCKLINGS! (THINKING ME)	
15. I HAVE MADE SOMETHING FOR THE RESIDENTS AT ASHLAR HOUSE CARE HOME TO ENJOY (COMMUNITY ME)	
16. I AM AS INDEPENDENT AS I CAN BE IN MY CLASSROOM (FUTURE ME)	
17. I CAN TELL YOU ABOUT SOMETHING I FOUND HARD WHEN I STARTED SCHOOL AND HOW I GOT BETTER AT IT (ADVENTUROUS ME)	
18. I HAVE LEARNED SOME WAYS TO RECOGNISE, NAME AND MANAGE MY FEELINGS (KNOWING ME)	
19. I HAVE COOKED FOOD FOR MY FRIENDS TO EAT (FUTURE ME)	
20. I CAN TELL YOU ABOUT MY FAVOURITE BOOKS AND WHY I LOVE THEM (THINKING ME)	